

Lenten Fitness Journey Finished at First Baptist 5K



SARA BOYER of Woodstock competes in her first 5K at the FBC 5K & Bunny Hop on April 8.

Story & photos by Becky Hughes

Sara Boyer is not a runner. But she surprised her family and friends by signing up for First Baptist Church’s 5K & Bunny Hop on Saturday, April 8. “I literally typed ‘Easter 5K’ in (a Google search) and this popped up,” said Boyer, who drove from Woodstock, Ga., to participate in the soggy event on April 8. Her family and friends came to cheer her on as she crossed the finished line - along with 27 other brave runners and walkers - soaked but victorious. She said, “The rain kind of slowed me down, but that was OK.” It was Boyer’s first-ever 5K and culminated a Lenten fitness journey that began in February when she decided to join a gym. Having never really exercised before, she began working with a trainer at Wellstar Kennestone Hospital in Marietta, where she is employed as a Certified Nursing Assistant. “I wanted to be a patient advocate,” she said, “but I couldn’t tell my patients to eat healthy and exercise if I wasn’t doing it. My job is strenuous, and I wanted to be more physically fit.” In September 2022, Boyer started cutting calories and eating healthier, adding cardio to her routine in February. She has lost 50 pounds in six months.

At 27 Boyer has survived three battles with cancer, but her doctor was concerned about heart disease if she didn’t get control of her weight and eating habits. There is a history of heart disease and obesity in her family, but she intends to overcome those challenges with her new healthy lifestyle. Boyer’s journey has been both physical and spiritual. “Jesus died for our sins and gave us all this power and joy! By putting my faith in God, I can do anything I set my mind to,” she said. "Sara’s story reminds us that our life is unfolding in front of us and there are many paths we can take," said Pastor Nathan LaShoto. "We can create positive energy, healthy habits, conversations with meaning, and we can create moments that help others and provide joy. Even though our first 5K was rainy, it did not stop us from coming together to help create a positive community event. Overall, we were able to raise \$500 for Mosaic Arts Camp, and that is special. From the planners, to the volunteers, to those who donated food and water, your efforts were nothing but a blessing."



Above, 27 runners and walkers braved the elements April 8 to compete in the FBC 5K. Above right, Emma Souther runs a "Bunny Hop" course around the gym. Right, the Easter bunny and volunteers award medals to Bunny Hop participants.



As we wrap up another school year, I begin to reflect on my time as Interim Children’s Minister. Let’s be honest, it’s been a crazy ride! We have laughed together. We’ve cried together. We’ve lived life together. You are “my people”; my family, my sisters and brothers and my children. Life can be challenging and tiring, but God assures us that He has overcome our troubles. (John 16:33) I am so thankful for this journey that God has placed my family and me upon. We have learned to love fervently, pray deeply, and serve more intentionally. I do not walk this path alone. God continues to place amazing people in my path, with specific spiritual gifts to help me continue this journey to Glorify His name. Thank you for continuing to support my family, this ministry, and me. As I often say, it takes a VILLAGE and I LOVE our village!

To God be the Glory!  
Love always,  
Mrs. Leigh



Some of Leigh Thomas' VILLAGE - Family & FBC Friends!



Photo by Carrie Trotter

BIG shout out to everyone that helped with our first 5K and Bunny Hop! We had over 70 sign up and lots of amazing volunteers! Although the weather was cold and wet, we had 27 participants with two of our own, Henry Hughes and Maizee Fleming, placing in the top 3 of their class. Thanks again for your amazing support!



Mark your Calendar

May 7 - First Family Breakfast & Family Worship

May 10 - End of the Year Celebration - 6:20pm Meet in the banquet room

May 14 - FBC Children's Ministry Families - Stop by the desk for a Mother's day Surprise!

June 12 -16 MOSAIC Arts Camp

Be on the lookout for



Team Preparing for Mission Trip June 3-10



Please pray for the mission team headed to Nicaragua on a medical mission trip June 3-10. The team will serve in four different villages alongside members of First Baptist Matagalpa, where they will see between 75 and 80 patients per day along with providing general health education. The team will host medical clinics alongside Vacation Bible School for the children of the villages.

Team members this year are: Rhett and Tammy Weaver, Nathan and Kristen LaShoto, Mitchell and Donna Trotter, Jacob Trotter, Jimbo Stapleton, Allyson Carter, Todd Weaver, Stephen Weaver, Janice Wycherley. "Thank you so much for your support, donations and prayers! Please continue to pray for the beautiful people of Matagalpa that we will be serving," said Tammy Weaver. Donations can still be made to support the trip to Nicaragua through May 15. Please see the flyers in the main hallway for needed items. Cash can be given to Rhett or Tammy Weaver to use while in-country for needs that crop up.



MINISTRY BUDGET FINANCIAL STATEMENT

March, 2023			
Receipts:.....	\$37,082.00	YTD:.....	\$117,437.80
Expenses:.....	\$43,641.70	YTD:.....	\$149,374.91
Net:.....	-\$6,599.70	YTD:.....	-\$31,937.11
Average SS Attendance: 71		Average Worship Attendance: 90	

UNIFIED MISSION OFFERING FUND

March, 2023			
Beginning Balance: ..	\$18,699.58	YTD:.....	\$15,325.90
Receipts:.....	\$3,418.34	YTD:.....	\$10,693.02
Investments:.....	-\$1,937.00	YTD:.....	-\$5,868.00
Ending Balance: .....	\$20,150.92	YTD:.....	\$20,150.92

Special Gifts: March, 2023

Honoraria: Ministry Budget - Dianne Oliver



## TUESDAY, MAY 2

7:00 AM - Men's Prayer Breakfast, Stew & Que  
8:00 AM - Tuesday Crew  
9:30 AM - Quilting Ministry

## WEDNESDAY, MAY 3

10:00 AM - Bible Study, Fellowship Hall  
5:15 PM - Fellowship Dinner, reservations required  
5:45 PM - 2D Fusion, Fellowship Hall  
6:15 - 7:00 PM - Children & Youth Groups  
6:30 PM - Sanctuary Choir Rehearsal

## THURSDAY, MAY 4

1:00 PM - NATIONAL DAY OF PRAYER OBSERVANCE,  
Parking lot of Holcomb's Office Supply, Cornelia

## SUNDAY, MAY 7

### **1<sup>st</sup> Sunday**

9:45 AM - First Sunday Breakfast,  
Banquet Room; Everyone Invited  
10:00 AM - Sunday School - all ages  
11:00 AM - First Sunday Family Worship  
12:15 PM - **SPRING LUNCH & LEARN,**  
Fellowship Hall

## TUESDAY, MAY 9

7:00 AM - Men's Prayer Breakfast, Stew & Que  
8:00 AM - Tuesday Crew  
9:30 AM - Quilting Ministry

## WEDNESDAY, MAY 10\*

10:00 AM - Bible Study, Fellowship Hall  
5:15 PM - Fellowship Dinner, reservations required  
5:45 PM - 2D Fusion, Fellowship Hall  
6:15 - 7:00 PM - Children & Youth Groups  
6:30 PM - Sanctuary Choir Rehearsal

\* Please note: this will be the last day of  
Suppers, Children & Youth activities before  
Summer Break.

## SUNDAY, MAY 14

### **MOTHER'S DAY**

10:00 AM - Sunday School - all ages  
11:00 AM - Worship

## MONDAY, MAY 15

3:00 PM - Book Club at the home of Gail Denny

## TUESDAY, MAY 16

7:00 AM - Men's Prayer Breakfast, Stew & Que  
8:00 AM - Tuesday Crew  
9:30 AM - Quilting Ministry

## WEDNESDAY, MAY 17

10:00 AM - Bible Study, Fellowship Hall\*  
6:30 PM - Sanctuary Choir Rehearsal

\* Please note: this will be the last Wednesday  
Morning Bible Study before Summer Break.

## SATURDAY, MAY 20

10:00 - 11:30 AM - Bridal Shower for  
Macy Sirmans, Banquet Room  
See invitation below.

## SUNDAY, MAY 21

### **GRADUATE SUNDAY FELLOWSHIP**

10:15 - 10:45 AM,

Welcome Room on main hallway

Come by to wish our 2023 Graduates well!

10:00 AM - Sunday School - all ages

11:00 AM - Worship

12:15 PM - DEACONS' MEETING,  
FRIENDSHIP CLASS

2:00 - 4:00 PM - BABY SHOWER FOR  
JESSICA & JOSH HERRIN, FELLOWSHIP HALL

## TUESDAY, MAY 23

7:00 AM - Men's Prayer Breakfast, Stew & Que  
8:00 AM - Tuesday Crew  
9:30 AM - Quilting Ministry

## WEDNESDAY, MAY 24

6:30 PM - Choir Rehearsal

## SUNDAY, MAY 28

10:00 AM - Sunday School  
11:00 AM - Worship

## MONDAY, MAY 29

MEMORIAL DAY -  
CHURCH OFFICE CLOSED

## TUESDAY, MAY 30

7:00 AM - Men's Prayer Breakfast, Stew & Que  
8:00 AM - Tuesday Crew  
9:30 AM - Quilting Ministry

## WEDNESDAY, MAY 31

6:30 PM - Choir Rehearsal



PLEASE JOIN US FOR A  
*Bridal Shower*  
HONORING  
Macy Sirmans  
BRIDE-ELECT OF  
Francis Holmes

10:00 - 11:30 AM  
Saturday, May 20, 2023

First Baptist Church  
Banquet Room  
325 Oak Street  
Cornelia, GA

The couple is registered at:  
Davis Brothers  
& Prezola -  
<https://prezola.com/wishlists/10276232/>

May Service Reminder			
<b>7th</b>	<b>14th</b>	<b>21st</b>	<b>28th</b>
<b>PATROL</b>	<b>PATROL</b>	<b>PATROL</b>	<b>PATROL</b>
Wade Hasty	Ed Vaughn	Donald Crowe	Mitchell Trotter
<b>Ushers</b>	<b>Ushers</b>	<b>Ushers</b>	<b>Ushers</b>
Phil McClain	Grant Bentley	Donald Crowe	Al Carter
Dennis Tedder	Bill Chandler	Kathy Crowe	Jason Hughes
Ed Vaughn	Myra Chandler	Jack Irvin	Richard McMullan
Patsy Vaughn	Steve Doran	FBC Youth	Mark Reed
	Larry Whitfield		



*Greeters  
and Ushers  
Needed*

Contact Wade Hasty if you can help!



**MAY 3**  
Lasagna  
tossed salad  
garlic bread  
dessert

**MAY 10**  
Pork BBQ/buns  
baked beans  
slaw  
dessert

**MAY 27**  
Have a great  
Summer Break!



**May Birthdays**

1—Kay Barron	17—Larry Whitfield
7—Lauren Hill	18—Tammye Bentley
Henry Hughes	19—Shirley Dillard
Megan Kleinert	23—Anne Simmons
Glenda Moore	24—Patsy Waters
Lisa Short	25—Jo Stamps
9—Doug Dillard	26—Donna Lord
12—Nancy Welborn	29—Hannah Hilliard
13—Ellie Edmonds	Maggie Irvin

**Anniversaries**

1—Jarvis & Joyce McFarlin	14—Chris & Nicole Souther
3—Clay & Fortune Evans	17—Chan & Tammy Caudell
11—Alex & Millie Sheffield	22—Rick & Sally McEntyre
Ignatius & Beverly Sterghos	30—Deborah & Wayne Worsham

## DEACON OF THE WEEK

RHETT WEAVER	-	MAY 7
LARRY WHITFIELD	-	MAY 14
RICK BRIDGEMAN	-	MAY 21
JAMES BURRELL	-	MAY 28



**Youth  
Paintball  
Party!**

**SUNDAY,  
MAY 7**

WE'LL LEAVE AFTER WORSHIP,  
HAVE LUNCH OUT. THEN HEAD TO  
MAXIMUM PAINTBALL IN JEFFERSON  
FOR SOME SERIOUS FUN!  
SEE BECKY TO SIGN UP.

### MINISTRY STAFF

Rev. Dr. Nathan LaShoto  
Pastor

Rev. Randy LeBlanc  
Minister of Worship & Music

Leigh Thomas  
Interim Children's Minister

Facilities Manager  
Wade Hasty

Mary Turner  
Pianist

### Ministry Assistants

Sheila Thomason, Finance  
Carol Hasty, Church Secretary  
Becky Hughes, Communications

Office (706) 778-4412

PO Box 96 / 325 Oak St.,

Cornelia, Georgia 30531

[corneliafbc@gmail.com](mailto:corneliafbc@gmail.com)

[www.facebook.com/First.Baptist.Church.Cornelia](http://www.facebook.com/First.Baptist.Church.Cornelia)

[www.fbccornelia.org](http://www.fbccornelia.org)

# GOOD TIDINGS

OF FIRST BAPTIST CHURCH CORNELIA

325 Oak Street, (706) 778-4412

Newsletter Volume 42, #5 **May 2023**

*Congratulations!*  
Class of **2023**



### HENRY HUGHES

After graduating from Banks County High School with honors, Henry plans to attend North Georgia Technical College to study Accounting.

### LUCY HUGHES

After graduating from Georgia College & State University with a degree in Communications and Marketing, Lucy will spend her summer traveling the country as communications intern for Fuller Center Bike Adventures.



### ABBY IRVIN

After graduating First Honorarian from Banks County High School, Abby will attend the University of Georgia in the fall to study Computer Science.

### AMELIA MOELLER

After graduating from her home school program, Amelia looks forward to an extended summer vacation in Utah.



### ERIC RAMIREZ

After graduating from Habersham Central High School with honors, Eric plans to enter the workforce.

### KATE TROTTER

After graduating from Tallulah Falls School with honors, Kate will attend Georgia Tech in the fall to study Architecture.



THE REV. DR. NATHAN LASHOTO, will receive his Doctor of Ministry degree from Mercer University's McAfee School of Theology in ceremonies May 14.

*Please join us for the 2023 Graduation Sunday Fellowship on Sunday, May 21, from 10:15 to 10:45 AM, in the Welcome Room on the main hallway.*